生涯规划之成长探索

一、人生蓝图示例

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 时间 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | …… |  |
| 年龄 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26-39 | 28 |
| 求学计划 | 初中 |  |  | 高中 |  |  | 大学 |  |  |  | 研究生 |  | 就业 | 回国就业 |
| 专业成长计划 | 初中高学业优秀 |  |  | 英语达到四级 | 担任社团组织领袖 | 研读社科、人文类图书 | 英语六级，学习第二外语 | 担任学生领袖 | 深入政治经济学方面研究 | 深入跨学科领域学习 |  |  | 成为业内专家 |  |
| 职业计划 |  |  | 见习工作尝试 |  |  | 打工实习 |  | 见习打工 | 司法考试见习打工 | 实习兼职 | 执业资格 |  |  |  |
| 生活计划 |  |  |  |  |  |  |  |  |  | 开始恋爱 |  |  | 结婚买房生子 |  |
| 备注 |  |  | 暑假 |  |  | 高考后 |  | 周末 | 周末 |  |  |  |  |  |

二、尝试规划自己的人生蓝图

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 时间 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | …… |  |
| 年龄 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 求学计划 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 专业成长计划 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 职业计划 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 生活计划 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 备注 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |